



A place to call home where we are welcomed and sent forth to serve.

Worship – This is it! THE NEXT BIG THING!

A Message from Doug

I hope we have gotten our message out about the wonderful morning we have planned for this Sunday, the 16th anniversary of the founding of Walnut Hills (and that doesn't even include the wonderful afternoon for the Harvest Festival – see information below). I hope you are planning to be with us this Sunday, 9:00–11:30 a.m. Important – if you are a visitor or a newcomer to Walnut Hills your role will be particularly important. You have more of the keys to our future than you can possibly realize.

So, let's say you've already decided to be with us for the entire 2 ½ hours. Let's say you're more than ready to "think the thing." Perhaps you are wondering what happens after the 16th. Great question. Our vision team will be meeting immediately – Monday evening, the 17th. How's that for immediate? And this team will begin to read through all your ideas, dreams, visions and wild "what ifs." This team will watch for clues and patterns, understanding all the while that God wants us to undertake this effort and wants us to be open to a journey beyond the imagination of any one of us. As these directions become clearer you will be receiving a lot of communication about what is being discovered. The 16th is just the beginning, but it is a crucial beginning toward **THE NEXT BIG THING**. See you Sunday at 9:00 a.m. ~Doug

Walnut Hills Harvest Festival This Sunday

Sunday, October 16, 4:00-6:00 p.m. at Walnut Hills.

Activities for all ages! Here are a few of them:

- ☞ Square Dancing with Caller, Chuck Young ☞ Flag Football
- ☞ Bob for Donuts ☞ Pie Eating Contest ☞ Cookie Walk
- ☞ Face Painting ☞ Horseshoes ☞ Sidewalk Chalk
- ☞ Food & Hot Cider ☞ Bring a pumpkin to carve.



Join in the fun of the Walnut Hills Harvest Festival!

New Adult Study

A new study will be offered for parents, grandparents and anyone who teaches, counsels, or works with teenagers, entitled *Running the Rapids - Guiding Teenagers Through the Turbulent Waters of Adolescence*. Dr. Kevin Leman, author of *Making Children Mind Without Losing Yours*, produced this 6-week video lesson study designed to encourage parents to build healthy relationships with their children.

The six sessions will focus on:

- * challenges of adolescence and the impact a parent can have
- * acceptable and unacceptable behavior in a teenager
- * values that teenagers will need to build a positive life
- * developing relationship with teenagers * teen sexuality * peer pressure

This class is scheduled to begin on October 23 from 9:30 - 10:30 a.m. and will meet in the kitchen annex. If you are interested, please check the stub or contact Julie; julie@whumc.org or Pam; pam@whumc.org - 270-9226.

Interfaith Hospitality Network Celebrates One Year

The Des Moines Interfaith Hospitality Network will celebrate the completion of its first year during the month of October. Walnut Hills supported the Interfaith Hospitality Network long before they opened their doors to business one year ago and continues to do so in many ways.

Walnut Hills will host guests from IHN once again October 30 – November 6. Our church is in particular need of one or more volunteers who can **drive the IHN van** during host week and provide transportation between the day center and Walnut Hills. No special training or special licensing is necessary for this volunteer position. Drivers must be available the week of October 30 from 6:30 - 7:30 a.m. and 4:30 - 5:30 p.m. There are also many other volunteer opportunities available during the week. If you wish to volunteer, please call Sheryl Start at 999-2121.

To the People of Walnut Hills,

Thank you for the many ways your gifts make a difference in the lives of others. During this past quarter, we witnessed the terrible aftermath of the hurricanes along the gulf coast. From a distance, we could only imagine the pain and destruction. Your need to give was evident in the generous gifts you gave through Walnut Hills to the United Methodist Committee on Relief. Your confidence in the United Methodist's church ability to respond to those in need affirmed your commitment to serving others. And in the midst of all this, your generosity hasn't faltered. In the third quarter of 2005, Walnut Hills set a goal of \$105,642 in pledged income, you generously gave \$111,412. Our non-pledged income giving goal was \$15,342, you exceeded our expectations by giving \$19,530. Your consistent giving allows Walnut Hills to continue to meet the needs of our own faith community as well as beyond our walls. ~Peg Rasmussen

This Sunday, October 16, 2005

DOUG'S MESSAGE: "I Will Do the Very Thing That You Have Asked"

SCRIPTURE: Exodus 33:12-23

MUSIC: Adult Choir & Walnut Hills Ringmasters

In the Spotlight...

Service Ministries

Food Pantry Sunday

Third Sunday is Food Pantry Sunday. Please place non-perishable food items in the blue tubs under the ministry table in East Gathering Area.

Knitting Ministry

Do you knit, or do you want to learn? This is a ministry that you can do at home! Come to the knitting ministry gathering on Sunday, October 23 at 9:30 a.m. in the West Gathering Area for more information. If interested, please check the STUB on Sunday.

A Greater Gift Sale

Walnut Hills is hosting "A Greater Gift Sale" on Sunday mornings October 30, November 6 and 13. A Greater Gift is a program of SERV International, a nonprofit alternative trade and development organization, whose mission is to alleviate poverty and empower low-income people through trade, training and other forms of community support as they work to improve their lives. For more information on "A Greater Gift" visit www.agreatergift.org.

Volunteers in Mission Training

Iowa Conference Volunteers in Mission is ready to assist you in learning the ins and outs of leading a team for service in Iowa, in the United States, or anywhere in the world. This training will incorporate specific information for mission teams to disaster areas. The training is scheduled for Saturday, October 29 from 10:00 a.m. until 3:00 p.m. at First United Methodist Church, 703 Arden Street, Boone. The training is free, and lunch will be provided. Download the registration form at www.iaumc.org. Registration deadline is October 22.

"Blankie" Drive

Walnut Hills is serving as a collection point for FayLynn's "Blankie" Drive – an effort to collect warm new or gently loved blankets for homeless people in Des Moines. You can drop off your donation in the East Gathering Area until October 30.

Family Living Center Donations

The Four Oaks Family Living Center is designed to serve low income, high risk families with children. They need donations of hygiene products. Please drop off your contribution in the decorated green tote located in the East Gathering Area. A list of items needed is located on the ministry table.

22nd Sunday After Pentecost

16th Anniversary of Walnut Hills

One Worship Time: 9:00 – 9:30 a.m.
Celebration, Magic with Ben Ulin,
Food, Discovering "the next big thing"
for Walnut Hills: 9:30 – 11:30 a.m.

With Our Children

Children's Church for 3 year olds: After children's time children 3 years old will go to their own classroom 103.

Children's Church is provided for 4 years olds-1st graders: After Children's Time during Sunday Service, children will go with leaders to Rooms 108 & 107. Parents, please pick your children up in those rooms after the service.

Wednesday Night Alive for Children

6:00-7:00 p.m.: Creative Arts Program
Kindergarten—2nd graders & 3rd—6th Graders.

Sunday October 16 Activities 9-11:00 a.m.

3 yr olds room 103— Crafts, Games, play outside if weather permits.

4 yr olds-1st Graders room 001 & 2nd Graders-4th Graders room 003 - Crafts, Games, Magician, Snacks, Video, Music Activities & play outside if weather permits.

Next Pizza Night is November 2. If you are going to join us for pizza check the STUB Sunday.

With Our Youth

Important Date: Sunday, Oct. 16: Youth will be an important part of this day - plan on being a part of the Next Big Thing! (no 9:30 a.m. Sunday School)

Sunday School: 9:30-10:30 a.m.

Sunday School for 7th Graders meets from 9:30 -10:30 a.m. in room 003 - lower level.

8th Grade Confirmation Bible Study in room 007-008.

Freshman Club for all 9th Graders in the Koth Library.

10-12th Grade in the Sr. High youth room - lower level.

Jr. High Youth Group: Wednesday, 7-8:30 p.m.

Wed., Oct. 19: Fun & Fellowship.

Wed., Oct. 26: Sr. High hosting a Halloween party for all youth in the Sr. High youth room.

Sr. High Youth Group: Wednesdays, 7-8:30 p.m.

Wed., Oct. 19: Veteran's Hospital Service project.

Wed., Oct. 26: Sr. High hosting a Halloween party for all youth in the Sr. High youth room.

College Young Adult Lunches

ISU: Tuesday, October 18, noon at Hickory Park.

Drake/DMACC: Friday, October 21, noon at Drake Diner. For more information contact Julie Stone at 270-9226 or julie@whumc.org.

With Our Adults

Register now for Women of Walnut Hills 24 Hour Getaway October 21-22. We are staying in the new Buxton Lodge at Camp Wesley Woods. Presenters: Susan Guy, Mary Fraser, Peggy Palmer-Johnson & Sue Roberts. Mandi Arthur will be teaching belly dancing for fun and exercise.

Adult Learning Opportunities:

Sunday School 9:30 a.m.
Contemporary Issues, Room 102.
Faith & Life: Exploring Your Spirituality in Everyday life, Room 101.

Disciple Bible Study III:

Wednesdays 6:00 - 8:00 p.m., in Conference Room, church office, Doug Peters facilitating

Disciple Bible Study I:

Wednesdays, 6:00 - 8:00 p.m. in Kitchen Annex. Peggy Gaulter and Pam Deeds are facilitators.

Short-term Disciple Bible Study;

8 week study of the New Testament: Tuesdays until Nov. 15, from 6:30-8 p.m. in Conference Room. led by Pam Deeds.

With Our Music

MUSIC ON SUNDAYS...

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| October 16 | 16th Anniversary Adult Choir & WH Ringmasters |
| October 23 | Soul Singers |
| October 30 | Special Music |
| November 6 | WH Chorale |

Service to Others

Preparers and/or servers are needed for **CFUM Low Income Meal Program** (located at Trinity) Tuesday, October 18 and **Meals for the Homeless** (Churches United Shelter) Saturday, November 5. Check the STUB.

Groups Gather

- ◆ **Narcotics Anonymous:** Sunday, 5 p.m., Youth Room.
- ◆ **Alcoholics Anonymous:** Monday, 7 p.m., Youth Room.
- ◆ **Brunch Bunch:** Sunday, October 16, noon at Tavern II. Hostess is Dorothy Mally.
- ◆ **Morning Parents:** Tuesday, October 18, at Iowa Orchards between 9:30 and 10:00 a.m. to look for pumpkins and apples. There will be a half hour program for our group starting at 10:00 a.m. There is a \$0.50 charge per child for the program.
- ◆ **Women's Night Out:** Monday, October 24, 6:30 p.m. at Cosi Cucina on 86th.
- ◆ **Men's Roundtable:** Wednesday, October 26, 11:50 a.m. at Walnut Hills. Host is Chuck Kolbe.
- ◆ **Young Couples:** Saturday, October 29, 4:30 p.m., family outing to Night Eyes at the Blank Park Zoo (have the kids dress-up). We will meet at the zoo. Afterwards, all are welcome for pizza and games at the Billingsleys. Call Steve & Susie (274-9401) with any questions.

In Our Prayers

- † Tom Ward, treatments.
- † Lois Rowe's sister, Kay DeLuca, fighting an infection.
- † The family of Linda Sheriff's friend, Judy Richardson in the death of Judy.
- † Linda Sheriff, in the loss of her friend, Judy Richardson.
- † Congratulations to Bob & JoLynne Meskimen in the birth of their first Granddaughter.

New Email List for Cancellations/Special Announcements

If you want to be notified of cancellations and special announcements by email, please let Mandi Arthur know at mandi@whumc.org or check the STUB on Sunday. You will be placed on our new *special announcements* email list. Let her know who you are and what email address you want used for the list. Thank you!

Walnut Hills United Methodist Church

12321 Hickman Rd
Des Moines, IA 50323

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Walnut Hills Office Hours

Monday-Thursday
8:30 a.m. to 4:30 p.m.
Friday, 8:30 a.m. to Noon

Walnut Hills United Methodist Church
12321 Hickman Rd
Des Moines IA 50323
Phone: 515-270-9226; Fax: 515-270-0838
www.whumc.org

Doug Peters & Pam Deeds, Ministers

The Next Big Thing this Sunday, October 16
One Service at 9:00 a.m.

No Sunday School