



A Message from Doug

I remember that May Day was a big deal in my growing up years. My sister and I would exert great effort in putting together the May baskets that we would deliver as our mother or our father drove us around the neighborhood. Did you all grow up with the same tradition with May baskets, that tradition where you would place a small cupcake-sized basket filled with candy on the doorstep of a friend, ring the doorbell and then run back to the car? The penalty for getting caught was receiving either a kiss or a pinch. I further remember that the speed with which I ran back to the car really depended on whether or not I minded getting caught and kissed. There were a couple houses from which I remember running rather slowly.

With great bravado some of my 3rd grade friends and I deplored the thought of someone actually catching us. What pain, what agony, what humiliation! Inside, of course, we all rather liked the notion that someone really wanted to catch us, to let us know we were special.

We sometimes do the same thing with God. We're so busy, we're so over-committed, we're so sure our spirits are just fine that we have all kinds of escape routes taking us away from that presence of love deep within. We have all kinds of excuses getting in the way of God's transformation and God's justice. The truth is, I honestly believe, that we really want God to come and find us and to embrace us with relentless love.

-Doug

In the Spotlight... Graduating Seniors

We want to celebrate this important time with you. On May 22, at both services we will take a few moments to introduce you to the congregation. Watch for a letter and form asking for a wallet sized photo, baby picture and your plans following graduation. A display will be made and placed in the gathering area. Send the pictures and form in or drop them off at the office center as soon as you can. Questions? Call Julie at 270-9226 ext. 103 or email julie@whumc.org.

College Grads

If you know of anyone receiving a college degree, please let us know. We will publish a list in the newsletter and bulletin. Write it on the STUB on Sunday or call the office center at 270-9226.

Join in the Fun of Cub Game Fundraisers

Sr. High Youth attending the work trip to Dulac, LA are required to work as many games as possible. All adults (18 & older) are welcome and needed! We have a blast! Sign up on the Ministry Board Table. For more information, contact Barb Stagg, coordinator at 221-9871.

Cubs Games Schedule:

- Friday, May 20, 7:00 p.m.
- Thursday, June 2, 12:00 p.m.
- Thursday, June 9, 7:00 p.m.
- Friday, June 10, 7:00 p.m.
- Sunday, June 12, 1:00 p.m.
- Thursday, July 7, 7:00 p.m.
- Thursday, August 4, 7:00 p.m.

Report time is 2 1/2 hours before start time of the game above.

Women of Walnut Hills

The Women of Walnut Hills planning group is inviting all women who are interested in helping plan and facilitate the coming year's events. Check the STUB on Sunday, or call Sandy Lorenzen, 221-2999 or Denise Gibson, 987-0471 to participate.

Walnut Way Moment

"Good thoughts will produce good actions and bad thoughts will produce bad actions. Hatred does not cease by hatred at any time; hatred ceases by love."- Buddha



Choir & Bell rehearsals winding down for the year....at a glance

Adult Choir – Last rehearsal is Sunday, May 1 at 7:00 p.m.

*Sing on Sunday, May 8

A Cappella Singers – Rehearsals Sunday, May 1 and May 8 at 6:00 p.m.

*Sing on Sunday, May 15

Soul Singers – Sunday, May 1 at 5:30 p.m.

Wednesday, May 11 at 6:45 p.m. in Music Room

Wednesday, May 18 at 7:00 p.m. in Celebration Center

*Sing on Sunday, May 22

Songspiration Kids – Last Sunday morning music time is Sunday, May 15

*Children sing at 10:45 a.m. service that Sunday.

CAP Kids – Last Wednesday evening together – Seed Sowing Ceremony

Wednesday, May 18th 6:00 to 7:00 p.m.

Children's Chimes – Last rehearsal is Wednesday, May 11 at 7:00 p.m.

*Perform in church Sunday, May 15

WH Ringmasters – Last rehearsal is Wednesday, May 4

*Perform in church Sunday, May 8

VBS Center Leaders Needed

Vacation Bible School is right around the corner from July 31 through August 4. We need your help to have a rooten-tooten good time at *the Circle G. Ranch*. If you are available to facilitate one of these activity centers please check the STUB on Sunday. Stacy McDermott, the VBS Director, will contact you. Center Leaders needed are Bible Storyteller Foreman, Decorating Foreman, Preschool Forman and Preschool Ranch Hands.

The One Campaign Class

This Sunday only, May 1 at 9:30 a.m. in the Celebration Center, Susan Guy will be facilitating a class. The title is *The One Campaign to Fight Global Aids*. The class will view the video, *Heart of America*, followed by group discussion. Join us!

Mother and Daughter Luncheon

Join us Saturday, May 7 at 11:30 a.m. to 1:30 p.m. for the Second Annual Mother Daughter Luncheon. This year's theme is a Celebration of Dance. The tickets are \$10 for adults and \$5 for children. Last day to buy tickets is this Sunday, May 1 but last minute reservations can be made by calling Lynn Rankin at 287-8684 through Wednesday, May 4.

This Sunday, May 1, 2005

PAM'S MESSAGE: "Do Not Stew, God Is With You"

SCRIPTURE: 1 Peter 3:13-18

MUSIC: Ladies of Soul Singers

6th Sunday of Easter
Communion

With Our Children

Nursery for infants through 3 yrs.

New Format for Children's Church: Ages 4 years to 1st graders begins this Sunday, May 1.

Sunday School: 3 year olds through 6th grade, 9:30-10:30 a.m. Sunday Mornings.

Songspiration: 3 year olds through 2nd grade, 9:30-9:45 a.m. Sunday mornings.

Wednesday Night Alive

Kindergarten through 2nd graders:

6:00-6:30 p.m. organized play time.

6:30-7:00 p.m. Centers: God's Nature

Wednesday, May 18: Last Pizza Night of the season (pizza served at 5:30 p.m.) If attending, check the STUB.

3rd Grade Through 6th Graders:

6:00-7:00 p.m. C.A.P. program

7:00-7:45 p.m. WH Ringminors

With Our Youth

Note: Jr. & Sr. High Sunday School will be joining Susan Guy and her class at 9:30 a.m. in the Celebration Center. Susan will be showing a video dealing with global aids and poverty.

Jr. & Sr. High Youth Group: 7-8:30 p.m. Wednesdays.

Jr. High Youth Activities:

Wednesday, May 4: Service project at church - wear outside work clothes.

Wednesday, May 11: Youth/Family/Adult Workers End of Year Picnic. We'll be grilling hot dogs/brats. Bring a side dish or dessert to share - table wear, beverages, meat provided.

Sr. High Youth Activities:

Wednesday, May 4: Senior Recognition - handprints on the wall!

Wednesday, May 11: All Youth/Parent/Adult Workers End of Year Picnic. (See above information)

Sr. High Worktrippers:

Sunday, May 8: Bake Sale after both services. Lisa Stagg - coordinator.

Cubs Games Fundraiser Schedule: See the front.

Youth Annual Conference

"Sowing Seeds of Faith" is the theme for this year's Youth Annual Conference or YAC. Each year 1 adult and up to 4 youth entering grades 7 through 12th grade are invited to participate in this three day conference designed to develop youth leadership in our church and beyond. This year the conference will be held June 24-26th, at Cornell College, in Mount Vernon, Iowa. Contact Julie Stone at 270-9226 or julie@whumc.org and look for a copy of the brochure on the table by the youth bulletin board. Let Julie know if you are interested in being the adult chaperone.

With Our Adults

Sunday Christian Learning Time
9:30 to 10:30.

Faith and Life in room 101.

Facilitators: Betty & Darrell VanWoert and Christy & Jim Brown.

Contemporary Issues in room 102.

Facilitator: Ron Roberts.

Images of God in the Kitchen

Annex. Facilitator: Judy Myers.

Wednesday Evening Adult Classes:

Disciple Bible I in room 005, 6:30-

8:30 p.m. Facilitator: Neil Barrick.

Disciple Bible II in office conference

room, 6:30-8:30 p.m. Facilitator:

Doug Peters.

With Our Music

MUSIC ON SUNDAYS...

May 1 Ladies of Soul Singers

May 8 Adult Choir/Walnut Hills Ringmasters

May 15 **Pentecost Sunday**

Songspiration Kids at 10:45

a.m. Service only

CAP Kids, A Cappella

Singers and Children's

Chimes at Both Services

May 22 **Graduation Sunday**

Soul Singers

May 29 John Jacobsen & Friends

Service to Others

Preparers and/or servers are needed for **Meals for the Homeless** (Churches United Shelter) Thursday, May 5 and **CFUM Low Income Meal Program** (located at Trinity) Tuesday, May 17. Check the STUB.

Groups Gather

◆ **Narcotics Anonymous:**

Sundays, 5 p.m., Youth Room.

◆ **Alcoholics Anonymous:**

Mondays, 7 p.m., Youth Room.

◆ **Cyclepaths:** Sunday, May

1, 1:30 p.m. Meet at Bob & Judy Myers' house, 15016 Wildwood Dr., Clive, to ride the Raccoon River Valley Trail. Optional pot-luck after the ride at 3:30 p.m. Call Bob, 988-9909 or email robert.h.myers@mchsi.com for directions.

◆ **First Thursday Breakfast**

Club: May 5 at West End Diner at 7:00 a.m.

◆ **Morning Parents:** Monday,

May 9, 9:30-11:00 a.m. at Walnut Hills. Make Spring time crafts and discuss summer schedule. Child care provided.

◆ **Senior Singles:** Friday,

May 13, 6:30 p.m. eat out at Maxie's, 1311 Grand, West Des Moines. Please RSVP to Lois Rowe, 254-9221, by May 12.

◆ **Walnut Club Murder**

Mystery Dinner Party: Saturday, May 14, 6:30 p.m. at Julie & Tom Jackowski's home, 9813 Iltis Drive in Urbandale. RSVP by May 7 to 278-4802

In Our Prayers

- ✠ Bill & Ginny Lepley's brother-in-law, Pat Botticelli, hip surgery.
- ✠ Tom Jackowski, recovering from surgery.
- ✠ Dorothy Mally's son, Bob Mally, recovering from surgery.

Walnut Hills United Methodist Church

12321 Hickman Rd
Des Moines, IA 50323

Walnut Way

W – Worshiping Community
A – Acts of Service
L – Learning
N – Non-Judgmental Way of Life
U – Unfolding Spirit
T – Tithing

Walnut Hills United Methodist Church

12321 Hickman Rd

Des Moines IA 50323

Phone: 515-270-9226; Fax: 515-270-0838

www.whumc.org

Doug Peters & Pam Deeds, Ministers

8:30 & 10:45 a.m. services

Christian Learning Time

9:30 a.m.

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