



## A Message from Doug

I am writing this message on the morning of July 7. This is the day that London was rocked by four separate incidents of violence, incidents that appear at this time to be deliberate and coordinated. There will undoubtedly be additional information between this writing and the time you receive your newsletter. In any event, once again the world is reminded that there is no such thing as complete safety. There is no such thing as a world completely void of persons intent on doing harm to others.

At such a time it is very important to be reminded what we can count on. I believe fully that we can count on a God who will never desert any of us. A God of compassion and justice embraces all of us in those times when our world seems much too uncertain. One of the ways God extends that embrace is through us as we reach out to each other. As a community of faith we are called to be a community that extends that certainty of God's hope to each other and to our world. We do that by staying in close contact with each other. We do that through worship, outreach, having fun with each other and learning with each other. We even do that at times when we disagree. Our world has become used to disagreement leading to disengagement. But a true community of faith offers a safe place for people of God's good will to journey in all our seasons together.

I ask that you continue to pray for those in London who have been violently affected by these awful deeds. Pray also for people around the world who are living in greater and greater fear. Our God is with all of us at all times.

-Doug

## WHs to Host IHN Guests Next Week

Walnut Hills will host guests from the Interfaith Hospitality Network the week of July 24. The Interfaith Hospitality Network provides housing for Des Moines area homeless families with children. Every 14 weeks homeless families in the Interfaith Hospitality Network stay in our church building. Many volunteers are needed during the week to welcome our guests and provide meals. There are still places to help out! Contact Sheryl Start at 999-2121 or startshestar@msn.com if you wish to help.

## Children's Programming Fall 2005 Watch Your Mail

Registration for Walnut Hills' Children's Programming (Sunday school & CAP Wednesday evenings), will be arriving by mid August in the mail.

Walnut Hills Creative Arts Program (CAP) is working to provide an outstanding experience for children Kindergarten through sixth grade in the arts, spirituality and service to others.

- All parents whose children participate in the Wednesday night programming will be scheduled to help with pizza night, and as a small group helper at least twice during the months of September through May.
- Parents will be given the opportunity to sign up for dates of their choice, during this registration period.

### Starting Day Wednesday, September 7th: Pizza Night / CAP / Ringminors -3rd-6th graders

5:30-6:00 p.m. - Pizza/side-dish/cookie - \$2.50 per person or \$8 per family

6:00-7:00 p.m. - CAP

7:00-7:45 p.m. - Ringminors

## Walnut Hills Preschool Registration for 2006-2007

If you have a child who will be 3 or 4 years old as of September 15, 2006, this is the time to register your child for preschool. Since our preschool is a ministry of Walnut Hills, all members have priority to register between May 15 and September 30, 2005. On October 3 registration is open to the public. Call Sue Petersen, Director, 270-9126, to get the necessary form and information.

## Women, Mark Your Calendars...

Mark your calendars for the 3rd annual Women's Retreat at Wesley Woods, Friday evening October 21 through Saturday, October 22, 2005.

## In the Spotlight...

### Thanksgiving/Christmas in July

This Sunday, July 17 the children of Children's Time are sponsoring Thanksgiving/Christmas in July by donating non-perishable food items. This is part of the caring series that Chuck has been using during Children's Time. The children are inviting all of the church to participate in this fun event with them.

- They are emphasizing **peanut butter, 15 oz. cans of fruit, and Macaroni and Cheese** but whatever non-perishable food items donated is greatly appreciated.
- Of course cash and checks will be accepted. You can bring or mail your check to the church.
- For some folks, things are tough in the summer as well as in the winter.
- Proceeds go to the Des Moines Area Religious Council Food Pantry.

Experience the joy of caring.

-Chuck

## Send Them Mail

During the week of July 16-23, please keep the Sr. High Work Trip youth and adults in your prayers as they travel and work in Dulac, LA.

If you want to contact them during the week, you can send letters to them on the work trip. Mail to: Dulac Community Center, 125 Coast Guard Rd., Dulac, LA 70353. Write name of recipient and attention to Walnut Hills youth on the letter.

## Cyclepaths Preparing for RAGBRAI

The Cyclepaths will be on RAGBRAI later this month and need overnight hosts at Algona (7/26) and Cresco (7/28). Please contact Bob Myers at (515) 988-9909 if you know anyone who could provide a parking spot and 20 amp hookup for their RV.

## Walnut Way Moment

From Bishop Palmer's July 7, 2005 letter ...



"I urge you, today, to live by the words of St. Paul, who, in his letter to the Church in Rome, said, '*Do not repay anyone evil for evil... If it is possible, so far as it depends on you, live peaceably with all... Do not be overcome by evil, but overcome evil with good.*' (Romans 12.17, 18, 21)"

## This Sunday, July 17, 2005

PAM'S MESSAGE: "Search Me, Test Me, Know Me"

SCRIPTURE: Psalm 139:1-12, 23-24

MUSIC: Piano Extravaganza - Duos & Duets

9th Sunday After Pentecost

## With Our Children

### Children's Church for 3 year olds:

After children's time children 3 years old will go to their own classroom 103.

**Children's Church is provided for 4 years old-1st graders:** After Children's Time during Sunday Service, children will go with leaders to Rooms 108 & 107. Parents, please pick your children up in those rooms after the service.

### Decorations for Vacation Bible School:

Can we borrow your cowboy boots, cowboy rope, hats, spurs, bales of hay....anything cowboy/cowgirl? If you have items you can loan, please check the STUB on Sunday.

**Offering from the Children and Youth Sunday morning classes goes to help children's programming in the community and here at Walnut Hills.**

Children and Youth Sunday Morning Classes were able to provide two sets of four ethnically diverse family group doll sets for the Bidwell Riverside Preschool program. Walnut Hills Children's Garden project is also being helped through the Children's and Youth Sunday morning offering. It is wonderful our children and youth have given their offerings to help with children's programming in the community and in our church home to live out Walnut Hill's mission statement, Walnut Hills, a place to call home, where we are welcomed and sent forth to serve.

## With Our Youth

The Sr. High youth work trip is on its way with 20 youth and 4 adults to Dulac, LA. On Sunday, August 14 the group will share their adventures at both services. Mark your calendars!

## With Our Adults

**Adult Sunday classes** begin Sunday, September 11 at 9:30 a.m.

## With Our Music

### MUSIC ON SUNDAYS...

July 17	Piano Extravaganza – Duos & Duets
July 24	Special Music
July 31	Women's A Cappella Quartet
August 7	Andy Petersen
August 14	Youth-Led Work Trip Service
August 21	Jean Baker & Tom Caudron
August 28	Lynn Rankin

## Service to Others

Preparers and/or servers are needed for **CFUM Low Income Meal Program** (located at Trinity) Tuesday, July 19 and **Meals for the Homeless** (Churches United Shelter) Friday, August 5. Check the STUB.

**How to Reach Our Ministers on the Phone**  
**Church Office** - (515) 270-9226  
**Doug Peters, Senior Minister**  
DM Home - (515) 457-7207  
Iowa City Home - (319) 354-6353  
**Pam Deeds, Associate Minister**  
DM Home - (515) 246-9944

### Summer Office Hours

Monday-Thursday  
8:30 a.m. to 4:30 p.m.  
Friday, 8:30 a.m. to Noon

## Groups Gather

- ♦ **Narcotics Anonymous:** Sunday, 5 p.m., Youth Room.
- ♦ **Alcoholics Anonymous:** Monday, 7 p.m., Youth Room.
- ♦ **Cyclepaths:** Sunday, July 17, 1:30 p.m., Saylorville Trail. Meet at Big Creek Marina and head back toward DSM. Return to Big Creek for possible picnic. For more information and directions, call Bob Myers at (515) 988-9909.
- ♦ **Morning Summer Parents Group:** Tuesday, July 19, 10 a.m. at Greenbelt Park, 10490 Maddox Parkway for a fun morning of play. Take 100th Street to Swanson Blvd, turn west on Swanson and follow around to the park. Any questions, call Amy Winkler at 276-0652.
- ♦ **Women's Night Out:** Monday, July 25, 6:30 p.m. at Maxie's, 1311 Grand Ave, WDM. Check the STUB on Sunday if attending.

## In Our Prayers

- † Jackie Burbank, hospitalized in ICU.
- † Dan Lepley, hospitalized with pneumonia.
- † Hersel Smith, recovering at home from by-pass surgery.
- † Michelle Riesenber, recovering from surgery.
- † Rob Cox's mother, Verna Cox, had biopsy and receiving results.
- † Linda Sheriff's co-worker, Judy Richardson's, continued recovery at home.
- † Jana Warren's father, Ken Kitterman, recovering from surgery.

## Walnut Hills United Methodist Church

12321 Hickman Rd  
Des Moines, IA 50323

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## Walnut Way

W – Worshiping Community  
A – Acts of Service  
L – Learning  
N – Non-Judgmental Way of Life  
U – Unfolding Spirit  
T – Tithing

Walnut Hills United Methodist Church  
12321 Hickman Rd  
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Phone: 515-270-9226; Fax: 515-270-0838  
www.whumc.org  
Doug Peters & Pam Deeds, Ministers  
8:30 & 10:45 a.m. services