



A Message from Doug

Some churches just kind of move along week in and week out with each week looking about the same as the last. Well, that's not Walnut Hills. And that probably explains why a lot of us are always catching our breath. It's a lot of work and a lot of fun trying to keep up with God's dreams for us. So get ready:

- **Sunday, October 2** – Bring a Friend Sunday. Who do you know who isn't involved in a church anywhere who could easily find Walnut Hills to be the welcoming, life-filled place you have found us to be? Bring 'em with you on the 2nd.
- **Sunday, October 16** – **The Next Big Thing.** We have a morning planned for you! It will involve celebration, fun, food and most importantly it will be the single most important day in deciding what Walnut Hills is going to become. Just mark your calendars. We're just getting started!
-Doug

Bring a Friend Sunday, October 2

We need your help. Walnut Hills' communication team has as one of their goals of spreading the word about what a great place Walnut Hills is. If you have a friend, neighbor, colleague who is looking for a spiritual home, perhaps Walnut Hills is the place for him/her/them.

While we hope you feel you can bring a friend to Walnut Hills any Sunday, we decided that perhaps designating a specific Sunday might be the impetus some of us need to make that special invitation. So, we've designated October 2nd as *Bring a Friend Sunday*. To welcome our guests, we will serve ice cream sundaes during fellowship time immediately following each service. If you and/or your family would like to help serve sundaes, we'd love your help. Just indicate your interest on the stub. We hope to "pack the house" on October 2nd. Who could you offer the community of Walnut Hills to?

Thinking of Joining Walnut Hills?

If you are interested in learning more about Walnut Hills, or are thinking about joining, new member orientation was created just for you. On September 18, we roll out a newly **revamped orientation** which consists of four 50 minute sessions on Sunday mornings. If interested, join us September 18, 25, October 2 and 9 at 9:35 a.m. in the Kitchen Annex. For more information, or to RSVP, call the church office at 270-9226 or Connie McKeen at 253-9017. Child care is always available on Sundays.

You are invited to Walnut Hills' 1st Munch and Learn

Those who have joined the church within the last year are invited Thursday, October 13, 6:00 p.m. – 7:15 p.m. for the first Munch and Learn at Walnut Hills. You will join in fellowship, fun and a chance to have dialogue with Doug. We will provide a light supper. Child care and peanut butter sandwiches will be provided for the children. We'd love to hear from you to estimate accurate numbers for the supper. RSVP to 270-9226.

This is the 1st in a monthly series of 6 Munch and Learns to which you will be invited. Each month we will provide a light supper, child care and a topic of interest about Walnut Hills. As new members join the church, they too will be invited. Also if you are a member and just want to see what Munch and Learn is about, you are invited too. We hope this is an opportunity to relax and eat out, meet new people and learn a bit more about your church. Just let us know who's coming, so we can plan accordingly. Hope to see you October 13th!

Youth News Special Invite

Special Invitation from Immanuel UMC to all Youth and Youth Leaders: Sunday, September 25 from 6-7:30 p.m., we are invited to their youth group for food, fellowship and music provided by their band "Divine Intervention." Location is the church parking lot (weather permitting) or the new fellowship hall. Contact Julie if interested at julie@whumc.org.

Children's Garden Transplant Information

The children of the CAP program will begin working in the children's garden this last week. We will be ready to plant transplants on Wednesday, September 21st. If you have a transplant that you are donating to the garden, please contact Susan at 270-9226 or susan@whumc.org. Drop-off location will be on the north side of the church. We are asking that you provide a list to Susan of the plants you are donating and mark on the container the name of the plant. This will facilitate identification and placement in the garden design. Thank you so much for the outpouring of support for this project. Look out the West Gathering area windows to see the progress as it unfolds.

All-Church Clean Up Day Thank You

To the over 25 people who gave up some of their Saturday to wash windows, vacuum floors, clean gutters, dust, pull weeds, sort and clean offices, haul trash, scrub walls, floors, kitchen appliances, etc. ... thank you. The church was glistening on Sunday! Thank you to all.

In the Spotlight...

Update on Katrina

Our Walnut Hills community continues to be very generous in our response to this horrific disaster. As of this writing, \$7,840 has been given to the United Methodist Committee on Relief (UMCOR) which will use 100% of those gifts for relief efforts. We are in contact with the Mississippi Annual Conference and are waiting for the name of a local church with which we intend to partner over the long haul. One church member is part of an organization making apartments available to local evacuees. Another church member is making a company truck available to take needed supplies to the affected area. Two of our children operated a lemonade and cookie stand and raised over \$1,700 for relief. AMOS, of which we are a member, is developing a "gap giving" menu comprising those needs for local evacuees that are not being covered through existing agencies. We will make that menu available just as soon as we have it. Thanks so much!

Women of Walnut Hills 24 Hour Getaway

Come join the women of Walnut Hills for 24 hours of fellowship, relaxation, and rejuvenation, Friday-Saturday, October 21-22. We'll be at Wesley Woods again in the new Buxton Lodge. Our speakers will include Susan Guy, Mary Fraser, Peggy Palmer-Johnson, Sue Roberts and belly dancing with Mandi Arthur. Also we will be offering horseback riding, pontoon rides and wagon rides. The cost will be \$50. Sign up will be September 18 and 25. Questions - contact Denise Gibson 987-0471 or Sandy Lorenzen 221-2999.

Welcome Susan Guy!

On Sunday, September 11, we introduced The Rev. Susan Guy as our new Associate Pastor of Service, Social Justice and Adult Ministries. She will serve with Doug Peters, Senior Minister, and Pam Deeds, Associate Pastor of Pastoral Care and Children's Ministries. Susan is an ordained Disciples of Christ minister and has served Disciple and United Methodist Churches. Most recently she served as the Heartland Field Organizer with DATA focusing on global AIDS and poverty. She is married to Eric and they have two sons, Tad and Jonah. Please plan to be with us on Sunday, September 25, as we welcome her on her first Sunday at Walnut Hills as one of our pastors.

Walnut Way Moment

"A conversion is incomplete if it does not leave one with an intense social consciousness, if it does not fill one with a sense of overwhelming responsibility for the world. It has been said... truly that the Church exists for those outside of itself."

- William Barclay,
"In the Hands of God"

This Sunday, September 18, 2005

PAM'S MESSAGE: "Life Worthy of the Gospel"

SCRIPTURE: Philippians 1:27-28a

MUSIC: Women's Chorus

18th Sunday After Pentecost

With Our Children

Children's Church for 3 year olds: After children's time children 3 years old will go to their own classroom 103.

Children's Church is provided for 4 years olds-1st graders: After Children's Time during Sunday Service, children will go with leaders to Rooms 108 & 107. Parents, please pick your children up in those rooms after the service.

Children's Sunday Offering for the month of September will go to hurricane victims. Beginning October 2nd the children's offering will go toward an animal for Heifer Project. Each class will choose an animal to be provided for through Heifer Project International.

Wednesday Night Alive for Children
6:00-7:00 p.m.: Creative Arts Program Kindergarten—2nd graders & 3rd—6th Graders.
7:00-7:30 p.m.: Ringminors, Child Chimes 3rd-6th graders.
Pizza Night is October 5. If you are going to join us for pizza, check the STUB on Sunday.

With Our Youth

Jr. High Youth:

Sunday School for 7th Graders meets from 9:30 - 10:30 a.m. in room 003 - lower level.

8th Grade Confirmation Bible Study - room 007-008.

Jr. High Youth Group meets every Wednesday this month for fun and fellowship. You are invited to bring a friend and get to know other 7th & 8th graders in a fun, casual and caring atmosphere. 7-8:30 p.m., lower level, rooms 007 & 008. Sheila Prine is the adult leader.

Sr. High Youth:

Freshman Club for 9th Graders in the Koth Library from 9:30 - 10:30, Sunday mornings.

10-12th graders meet in the Sr. High youth room for Sunday School.

Sr. High Youth Group meets every Wednesday from 7-8:30 p.m., lower level, rooms 001 & 003. The schedule for Sr. High this month is:

Sunday 18th: YLT (Youth Leadership Team) If you want to "step up" and develop and share your leadership abilities with the youth, join us for this first meeting. Gather immediately following the 10:45 service, (approx. 11:45) near the kitchen, we'll have a working lunch at the Machine Shed on Hickman.

Wednesday 21st: Service Project - meet by 7:00 p.m. to go to Vet's Hospital for bingo/game night. Bring snacks to share.

Wednesday 28th: Fun & Fellowship.

With Our Adults

Adult Learning Opportunities: Sunday Studies 9:30 a.m.

Contemporary Issues: Room 102.
Faith & Life: Exploring Your Spirituality in Every day life, Room 101.
Dramas From the Book of John: 3 week video/discussion of the book of John through September 25, West Gathering Area.

Des Moines Area Hunger Hike Sunday, October 9. Watch for more information.

Disciple Bible Study III: Began Wednesday, **September 14,** 6:00 - 8:00 p.m., in Conference Room, church office, Doug Peters facilitating.

Disciple Bible Study I: Begins Wednesday, **September 21,** 6:00 - 8:00 p.m. in Kitchen Annex. Peggy Gaulter and Pam Deeds are facilitators. Check the stub if you are planning to attend.

Short-term Disciple Bible Study : 8 week study of the New Testament: Beginning Tuesday, September 27, from 6:30 to 8:00 p.m. in Conference Room, led by Pam Deeds. Check the stub if you are planning to attend.

With Our Music

MUSIC ON SUNDAYS...

September 18 Women's Chorus
September 25 Special Music
October 2 Adult Choir

Children's Chimes Fall Rehearsals....

Children's Chimes rehearses on Wednesday evening from 7:00 - 7:30 p.m. following CAP (Creative Arts Program) in rooms 101 & 102. This beginning chime group is open to any child 3rd - 6th grade! It is a great introduction to bell playing and is a great way to learn how to be a part of a musical ensemble. Come try it out!!!

With Our Singles

Sunday, September 18: Lunch after the 10:45 service. We will discuss where we want to go after the service. Come with some new ideas you would like to try out.

Friday, September 23: Let's meet for Happy Hour at Mondo's. Should be one of the last patio nights of the summer before the cold weather comes. Come out and meet some new people.

Groups Gather

- ◆ **Narcotics Anonymous:** Sunday, 5 p.m., Youth Room.
- ◆ **Alcoholics Anonymous:** Monday, 7 p.m., Youth Room.
- ◆ **Women's Night Out:** Monday, September 26, 6:30 p.m. at Cool Basil, located at 8801 University, Suite 22 (near JoAnn's Fabric) in Clive. Check the STUB.
- ◆ **Men's Roundtable:** Wednesday, September 28, 11:50 a.m. at Walnut Hills. Host is Ed Butler.
- ◆ **First Thursday Breakfast Bunch:** Thursday, October 6, 7:00 a.m. at West End Diner.

Service to Others

Preparers and/or servers are needed for **CFUM Low Income Meal Program** (located at Trinity) Tuesday, September 20 and **Meals for the Homeless** (Churches United Shelter) Wednesday, October 5. Check the STUB.

Bob Crandall of Bidwell-Riverside Community Center, a United Methodist Agency in Southeast Des Moines, reports that they are within 30,000 Campbell Soup labels of their 1,500,000 goal for a new van. Keep those Campbell Soup labels comin' in!

Food Pantry Sunday this Sunday, September 18: Bring your non-perishable food items to the food baskets under the tables in the East Gathering Area.

In Our Prayers

- ✠ Hurricane Katrina victims.
- ✠ Haley Nicole Barrett born to Darren and Aundrea Barrett on Sunday, September 11.
- ✠ Brant Hamilton, 6 year old boy in hospice care for cancer.
- ✠ Liz Coffman's friend Harold Mindermann, healing.
- ✠ Liz Coffman's friends, Ron Summers and his family as he recovers from surgery and has hospice care.

Walnut Hills United Methodist Church
12321 Hickman Rd
Des Moines, IA 50323

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Walnut Hills Office Hours

Monday-Thursday
8:30 a.m. to 4:30 p.m.
Friday, 8:30 a.m. to Noon

Walnut Hills United Methodist Church
12321 Hickman Rd
Des Moines IA 50323
Phone: 515-270-9226; Fax: 515-270-0838
www.whumc.org

Doug Peters & Pam Deeds, Ministers

8:30 & 10:45 a.m. services

9:30 a.m.

Christian Learning Time and Sunday School