



## A Message from Doug

We have a couple musical events coming up you won't want to miss:

- On Sunday, February 12, we are going to have a very musical service with a lot of singing. Both our blue hymnal and our black hymn supplement are filled with many songs you like to sing. We would like you to have some input into which of those songs we feature in our service. So beginning Sunday we would like you to jot your favorite song numbers from either songbook on your STUB. We will select as many songs as we can from your list. We probably won't get to each one but we'll do our best.
- On the last Sunday of this month, January 29, we will be saying good-bye to Susan Waller. This will be her last Sunday with us before she begins her new music position with Plymouth Congregational Church in Des Moines. We will have a lot of music as a way of thanking her for her years with us, as well as a reception in her honor after each service. Please plan to be with us that day to wish her all the best and to thank her for the many ways in which she has brought the spirit of music into our worship.

~Doug

## In the Spotlight...

### Moral Witness for Children Rally

You are invited to attend the "Moral Witness for Children Rally" on Tuesday, January 24 from 4:00-4:30 p.m. at the Iowa State Capitol (west wing of the main floor rotunda). Ecumenical leaders and children will speak to the need and obligation of legislators to remember children as they set policy, raise and distribute funds and make laws that will govern the way we live together. Contact Susan Guy with questions, [sguy@whumc.org](mailto:sguy@whumc.org), or 270-9226.

## Super Bowl Sub Sale

The Senior High youth are taking orders for their delicious sub sandwiches. These large meat and cheese or veggie subs can be sliced to serve 2-4 people and cost only \$10. Youth will take your orders through Sunday, January 29 and sandwiches can be picked up on Super Bowl Sunday, February 5. Look for the sign up table in the east gathering area.

## Let's Go Bowling!

Walnut Hills is having an all-church bowling party on Sunday, February 19 at 3:00 p.m. at Warrior Lanes in Waukee. Warrior Lanes is smoke-free, so it's a perfect place to have fun with your family and socialize with other Walnut Hills friends. The cost of the party is \$10 per person, and it includes one game of bowling, shoes, pizza and pop. You can make your reservation through this Sunday, January 22.

## Valentines!

Send a valentine to someone you love and support our youth at the same time! For only a \$1.00, the senior high youth will make valentines and post them in the west gathering area, ready for pickup on Valentines Day. You can choose one of the suggested messages on the order forms or write your own. Forms are available in the east gathering area.

## Hispanic Ministries Offers You a Mini-immersion

The Des Moines District Committee on Hispanic Ministries is offering a mini-immersion into the Hispanic contact on Saturday, January 28 from 9:30 – 12:30. Our time together will include worship, singing, and Bible study. Lunch is included, and this event will be held at Easton Place United Methodist Church, 2412 Easton Blvd. in Des Moines. More information, contact Susan Guy, [sguy@whumc.org](mailto:sguy@whumc.org), or 270-9226.

## Walnut Hills Preschool Openings in 2006

If you have a child who will be at least 4 years old by September 15, 2006 and would like them enrolled in our preschool, please call Sue Petersen at 270-9126. There are a few openings in the afternoon session on M, T, Th from 12:30-3:00 p.m.

## To the People of Walnut Hills,

Throughout 2005, the Stewardship Task Force of the Finance Committee has been communicating information regarding your *giving* to affirm your support of Walnut Hills. As we close the books on 2005, we would like to provide you with two final *contribution* reports: fourth quarter results and year-to-date results. Reports detailing the assets/liabilities and income/expenses of Walnut Hills will be enclosed in your year-end contribution statements and on [www.whumc.org](http://www.whumc.org).

For the fourth quarter, Walnut Hills set a goal of receiving \$143,585 in pledged income, unfortunately actual gifts fell short of this goal by \$11,721, with total pledged income only \$131,864. On the other hand, our goal for non-pledged income was \$17,916 and actual receipts were \$32,130, exceeding our goal by \$14,214.

Overall, 2005 ended as follows:

Pledged Income: YTD Goal = \$524,800 YTD Actual = \$523,678.88

Non-Pledged Income: YTD Goal = \$60,000 YTD Actual = \$82,768.56

Thank you for the many ways you share your resources through Walnut Hills. The above figures do not reflect all monetary gifts given by the people of Walnut Hills. Special offerings, such as Easter and Christmas, hurricane relief, etc. that do not directly support the ministries of Walnut Hills, but that are sent directly to the source, go above and beyond this giving.

Walnut Hills is a community of faith that is passionate about passing on and sharing the blessings they have received. We are grateful to be partners in ministry with you.

~Peg Rasmussen, Financial Secretary

## A Celebration of Israeli and Palestinian Cultures

The Iowa Council for International Understanding is hosting an event to help Iowans better understand the culture, religions and politics of the Middle East. "A Celebration of Israeli and Palestinian Cultures" will take place on Sunday, January 22 from 1 – 4 p.m. at Parents Hall in the Olmsted Center on the Drake campus. Admission to the event is \$10, and includes the cost of food. Children under 10 are admitted free with an adult.

## AMOS - A Metropolitan Organizing Strategy

AMOS (A Metropolitan Organizing Strategy) is sponsoring many events in the upcoming months, please take a look and see how you can make a difference.

►Presenting "Principles and Practices of Broad-based Community Organizing" on Saturday, January 28 from 9:00 – 1:00 at St. Paul's Episcopal Cathedral, 9<sup>th</sup> and High Streets, Des Moines. An RSVP is required to William Summers, [willsummers1@msn.com](mailto:willsummers1@msn.com), or 277-6408.

►An evening of food, refreshments and music entitled "Beat the Winter Blues" on Saturday, March 11, 2006 from 7-10 p.m. at the Fitch Gallery, 15<sup>th</sup> and Walnut, Des Moines. Tickets will be available between worship services beginning February 5, and \$15 apiece. Proceeds go to support the operating budget for AMOS.

►AMOS is putting together a program for their March "Beat the Winter Blues" event, and is asking area businesses to consider placing an advertisement in the program. Sizes range from a whole page ad to a name listing, and costs vary accordingly. Ad copy in a digital format needs to be received by February 17, 2006. For information contact Susan Guy at [sguy@whumc.org](mailto:sguy@whumc.org), or 270-9226.

►Walnut Hills is forming a core group for AMOS. This group would meet periodically to talk about social justice issues in our community, and attend monthly AMOS core group meetings in the Des Moines area. If you are interested or would like more information, contact Tom Caudron at 987-1525, or check the stub.

**This Sunday, January 22, 2006**

**DOUG PETERS' MESSAGE:** "Between Preparation and Purpose"

**SCRIPTURE:** Mark 1:14-20

**3rd Sunday After Epiphany**

## With Our Children

**Next Pizza Night** is February 1. If you are going to join us for pizza, check the STUB Sunday or call the church office. Pizza, salad, cookie or bar is served.

**CAP - Creative Arts Program:** Wednesdays 6-7 p.m. Participating in spiritual activities, crafts and music.

## With Our Youth

**Sunday School: 9:30-10:30 a.m.**

Sunday School for 7th Graders meets from 9:30 -10:30 a.m. in room 003 - lower level.

8th Grade Confirmation Bible Study in room 007-008.

Freshman Club for all 9th Graders in the Koth Library.  
10-12th Grade in the Sr. High youth room - lower level.

**Jr. High Youth Group:** Wed., 7-8:30 p.m.

Jan. 25: Meet in the Celebration Center at 7:00 for opening worship followed by youth group.

Jan. 27-28: Ski trip.

Feb. 1: Pizza Night - Bring \$3.50 for pizza and pop following opening worship in the Celebration Center.

Feb. 8: Ronald McDonald House visit, parents needed to drive.

**Sr. High Youth Group:** Wed., 7-8:30 p.m.

**Sr. High Work trip registrations with \$50 deposit are due!**

Jan. 25: 6:30 Bible Study, 7:00 opening worship in Celebration Center, followed by youth group

Feb. 1: Pizza Night - Bring \$3.50 for pizza and pop following opening worship in the Celebration Center.

Feb. 5: Super Bowl Sub fundraiser, gather at 6:30 a.m. in the kitchen.

## Satellite Services

Sunday afternoons ~ Silvercrest Assisted Living-2:00 p.m.

1st & 3rd Wednesday mornings ~ Worship at Timberline Care Facility-Deerfield-9:30-10:15. January 25 instead of January 18.

4th Sunday afternoons ~ Worship at Illahee Hills Retirement Residence- 3:30 p.m. Start Family providing special music January 22.

All worship services open to our congregation. Check the STUB if you want to help with the Satellite Services.

## With Our Adults

**Next Munch and learn** is February 9 with Doug Peters discussing *Just What are Walnut Hills Journey Groups*. Check the STUB or call the office at 270-9226 to RSVP.

**Want to help recycle at Walnut Hills?** Any one interested in being a paper recycling helper, check the STUB on Sunday.

**Adult Sunday School:** 9:30 a.m.

**Contemporary Issues:** Room 102

**Faith & Life:** Room 101

**Sabbath Book Study:** Kitchen Annex

**Wednesday Bible Study:** 6-8 p.m.

**Disciple III:** Conference Room

**Disciple I:** Koth Library

**You can buy your Fair Trade**

**Coffee at Walnut Hills!** Starting Sunday, January 29, we will sell Fair Trade Coffee from Our Sister Parish in El Salvador on the last Sunday of the month following worship.

## With Our Sr. Adults

**Remember, Friday mornings at Silvercrest** - 10:30-11:00 a.m. trauma doll stuffing and visiting. Join us for fun, and fellowship each Friday morning with the residents at Silvercrest Assisted Living.

**Illahee Hills Retirement**

**Residence** will be helping with the Trauma Dolls ministry.

**Trauma Doll Ministry** at Silvercrest and Illahee Hills is a partnership with the North West Kiwanis. Check the stub or call Pam at 270-9226 for more information on any of these programs.

## With Our Music

**MUSIC ON SUNDAYS...**

January 22 Kierra Baker  
January 29 Adult Choir, Soul Singers, CAP Kids Songspiration Kids at 10:45 a.m. only

February 5 Sheryl & Bob Start  
February 12 Hymn Sing Adult Choir & WH Ringmasters

February 19 Soul Singers

## Groups Gather

◆ **Knitting Ministry:** Sundays, January 22 at 3:00 p.m. and Wednesday, February 1 at 6:00 p.m. in the Koth Library Questions? Contact Susan Guy at 270-9226, or sguy@whumc.org.

◆ **Men's Basketball:** Saturdays, 9:00 a.m. at Walnut Hills. All men welcomed!

◆ **Co-Ed Volleyball:** Sundays, 4-5:30 p.m. at Walnut Hills. All welcomed!

◆ **Women's Night Out:** Monday, January 23, 6:30 p.m. at Chicago Speakeasy, 1520 Euclid. Firm RSVP by noon January 22 to Liz Coffman at 278-6842 or check the STUB. Hostess will be Cindy Sheriff.

◆ **Men's Round Table:** Wednesday, January 25, 11:50 a.m. at Walnut Hills. Host is Tom Caudron.

◆ **Morning Parents:** Tuesday, February 21, 6:30 to 8:30 p.m., Pampering Party at Susie Billingsley's. Please bring a dish to share, and a gift under \$10 to exchange. Any questions, call Susie at 274-9401.

## Service to Others

Preparers and/or servers are needed for **Meals for the Homeless** (Churches United Shelter) Sunday, February 5 and **CFUM Low Income Meal Program** (located at Trinity) Tuesday, February 21. Check the STUB.

**Health Care Lobby Day** has been set for Tuesday, February 7, to share with legislators the critical importance of quality health care for all Iowans. A lobby training will be held on Monday, February 6 from 7:30-9:00 p.m., and events on February 7 will begin at 7:00 a.m. and last until 1:00 p.m. For more information, contact Kirsten Running at Kirsten@iowaforhealthcare.com or 319-338-0353; or Susan Guy at sguy@whumc.org or 270-9226.

## In Our Prayers

- † Anne Koth and her family in the death of her father, Ken Clawson last weekend.
- † Charlie Reid, biopsy of brain tumor at Mayo.
- † Chris Winkler's grandmother, Marge Johnson, recovering from illness.
- † Cathy Fast's sister, Angela Slifer, diagnosed with breast cancer.
- † Martha Schut's brother, Art Schut, health concerns.
- † Liz Coffman's friend, Pastor Ron Leonard, recovering from surgery.
- † Lisa Locoh's friend, Thelma Poore, hospitalized with cancer.

**Walnut Hills United Methodist Church**  
12321 Hickman Rd  
Des Moines, IA 50323

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Organization  
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Des Moines IA  
Permit No. 3566

**Walnut Hills Office Hours**  
Monday-Thursday  
8:30 a.m. to 4:30 p.m.  
Friday, 8:30 a.m. to Noon

**Walnut Hills United Methodist Church**  
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ca  
Doug Peters & Pam Deeds, Ministers  
ca  
8:30 & 10:45 a.m. Sunday Services  
ca  
9:30 a.m. Sunday School