



A Message from Doug

Over the past weeks I have been sharing with you some of the general themes that are emerging from the responses you gave during the celebration of The Next Big Thing in October. I have already reported to you that there were a number of ideas related to youth and interfaith emphases. A number of you also presented bold suggestions concerning a school or educational opportunities that would focus on progressive theological ideals. In some cases you made mention of a separate school building that would operate as any other parochial school but with more of the emerging worldview Christian themes that are a part of our Walnut Hills identity. In other cases you envisioned "cutting edge" classes that would be offered in our current building at assigned times during the week. This shows a clear interest in ongoing learning and in offering the best spiritual training to our children, youth and adults.

At the end of January the vision team will meet again with our consultant, the Rev. Sarai Beck, in order to begin to see what is emerging as the next big thing for Walnut Hills. We ask for your thoughts and prayers to be with this very important process.
~ Doug

Next New Member Orientation

The next new member orientation begins this Sunday, January 8 at 9:30 p.m. and will continue for the following 3 consecutive Sundays. We invite all who are interested in learning more about Walnut Hills to attend. Attendance is not a commitment to join. Call the church office, 270-9226 to RSVP or join us on Sunday.

Book Study

January 8 at 9:30 a.m. we will begin a book study on the book Sabbath: Restoring the Sacred Rhythm of Rest by Wayne Muller. Please read *Section One: Rest* for the first session. The book is \$16.00 for paperback, and is available at local bookstores or at www.amazon.com.

Adult Work Trip to Dulac

We've set the adult work trip date for February 5-11 to travel to Dulac, Louisiana to help with clean-up following hurricanes Katrina and Rita. Final details are being worked out, but we anticipate the cost to be approximately \$500 per person, which will include airfare, meals in Dulac and a supplies donation. We need your reservation by January 10 to secure flights. If you are interested and would like more information, please check the stub or contact Susan Guy or Julie Stone at 270-9226.

Let's Go Bowling!

Walnut Hills is having an all-church bowling party on Sunday, February 19 at 3:00 p.m. at Warrior Lanes in Waukee. Warrior Lanes is smoke-free, so it's a perfect place to have fun with your family and socialize with other Walnut Hills friends. The cost of the party is \$10 per person, and it includes one game of bowling, shoes, pizza and pop. You can make your reservation on starting this Sunday, January 8 through 22.



Women of Walnut Hills Game Night

The Women of Walnut Hills are sponsoring a "Game Night," Friday, January 20 from 6:30-10:00 p.m. Come and enjoy board games, fellowship, and the use of a sauna, hot tub and pool. Game Night will be at Nancy Strickler's Condo, 3100 Grand in Des Moines. Bring a snack to share; drinks will be provided. Please check the stub if you plan to attend. For more information, please call Sandy Lorenzen, 221-2999.

Jr. and Sr. High Youth Ski Trip

Jr. and Sr. High Youth check your calendars for January 27-28 for a lock-in ski trip to Welch Village, Minnesota. Ski 11:00 p.m. to 4:00 a.m., stay in lodge on site and ski Saturday, returning Saturday evening. Cost; \$60.00 per person includes two day lift ticket and 1 night lodging. Rental equipment - additional \$17 Friday, \$22.00 Saturday. Reserve a spot by calling or emailing Julie (270-9226 - julie@whumc.org) or turning in the reservation form available on the ministry board table. Adult chaperones needed as well.

Interfaith Hospitality Network Guests

It is Walnut Hills' turn to host our guests from the Interfaith Hospitality Network during the week of February 5th. The Interfaith Hospitality Network provides temporary housing for homeless families by working in cooperation with local churches. During the week of February 5th, Walnut Hills will provide housing in our church building, dinner meals, sack lunches, breakfast and transportation to and from the IHN Day Center. We are in particular need of van drivers for the new IHN 14 passenger van, overnight hosts to sleep in our building and volunteers to help with take down at 7 a.m. Sunday, February 12. Check the bulletin insert for these volunteer opportunities as well as other ways to participate. Want to speak with someone about the program? Call Sheryl Start at 999-2121. Thank you for your support.

In the Spotlight...

Munch and Learns Open to All at Walnut Hills

Have you heard about the latest craze at Walnut Hills. It's called Munch and Learn. What is it? It's a time to enjoy a light meal with others from your church family and get to know a bit more about Walnut Hills at the same time. Munch and Learns are held typically the 2nd Thursday evening each month and are short...6:00 – 7:15 p.m. Just enough time to put your feet up, eat a good meal and enjoy a relaxing few moments after perhaps a hectic day. Child care is provided and the meal is FREE.

Munch and learns were designed with our newcomers in mind. What would they like to know more about Walnut Hills? How could we get them acquainted with more members of our church family? Saying that, munch and learns are open to all attenders of Walnut Hills. We hope you will look at the upcoming topics, see which may be of interest to you, check your calendar and plan to join us to help welcome our new folks. For more information about Munch and Learns, or to RSVP, call the church office at 270-9226, or check the stub on Sunday.

Upcoming Munch and Learns:

January 12 with Susan Guy discussing *How Walnut Hills lives Social Justice*

February 9 with Doug discussing *Just What are Walnut Way Journey Groups*, come and experience a mini Walnut Way group experience. You'll like it!!!

March 9 again with Doug Peters discussing the topic *Who is Welcome Here*.

AMOS Program

AMOS (A Metropolitan Organizing Strategy) is presenting "Principles and Practices of Broad-based Community Organizing" on Saturday, January 28 from 9:00 – 1:00 at St. Paul's Episcopal Cathedral, 9th and High Streets in Des Moines. An RSVP is required to William Summers, wills Summers1@msn.com, or 277-6408.

Mini-Immersion

The Des Moines District Committee on Hispanic Ministries is offering a mini-immersion into the Hispanic contact on Saturday, January 28 from 9:30 – 12:30. Our time together will include worship, singing, and Bible study. Lunch is included, and this event will be held at Easton Place United Methodist Church, 2412 Easton Blvd. in Des Moines. For more information contact Susan Guy, sguy@whumc.org, or 270-9226.

Cookbook Addition

On page 188 in the Walnut Hills Cookbook, with the recipe for Favorite Chocolate Chip Cookies, add below sugar - 1 1/4 c. packed brown sugar. This accidentally got left out and will make the cookies taste so much better.

This Sunday, January 8, 2006

SUSAN GUY'S MESSAGE: "Returning Home"

SCRIPTURE: Matthew 2:1-12

MUSIC: Kelli Stone, Dana VanWoert & Alyssa Ciarimboli

1st Sunday After Epiphany

With Our Children

Next Pizza Night is February 1. If you are going to join us for pizza, check the STUB Sunday or call the church office. Pizza, salad, cookie or bar is served.

“Created by God” a Class on Human Sexuality for Older Boys and Girls: the class is for 5th & 6th graders. Parents session starts January 8. Student session starts January 15. Classes are from 9:30—10:30 a.m. Final session for parents and students is February 19. Please contact Pam, at pam@whumc.org or 270-9226 for more information.

With Our Youth

Sunday School: 9:30-10:30 a.m.

Sunday School for 7th Graders meets from 9:30 -10:30 a.m. in room 003 - lower level.

8th Grade Confirmation Bible Study in room 007-008.

Freshman Club for all 9th Graders in the Koth Library.

10-12th Grade in the Sr. High youth room - lower level.

Jr. High Youth Group: Wed., 7-8:30 p.m. Jan. 11 - Fun and Fellowship.

Sr. High Youth Group: Wed., 7-8:30 p.m. Jan. 8 - YLT meets at 10:30 a.m. in the Sr. High Youth room.

Jan. 11 - **6:00** - Bible Study in Sr. High youth room.

Jan. 15 - Bake sale for work trip.

With Our Music

MUSIC ON SUNDAYS...

January 8 Kelli Stone, Dana VanWoert and Alyssa Ciarimboli

Adult Choir rehearsals have resumed on Thursdays. **Soul Singers** will resume January 18.

With Our Adults

Please note a new schedule for knitting ministry beginning in January! Knitters will gather on the first Wednesday evening of each month at 6:00 p.m. – this started on January 4! Also we will meet the second and fourth Sundays at 3:00 in the Koth Library Questions? Contact Susan Guy at 270-9226, or sguy@whumc.org

You can buy your Fair Trade Coffee at Walnut Hills! Starting Sunday, January 29, we will sell Fair Trade Coffee from Our Sister Parish in El Salvador on the last Sunday of the month following worship.

With Our Sr. Adults

Remember, Friday mornings at Silvercrest - 10:30-11:00 a.m. trauma doll stuffing and visiting. Join us for fun, and fellowship each Friday morning with the residents at Silvercrest Assisted Living.

Illahee Hills Retirement Residence will be helping with our Trauma Dolls ministry.

Check the stub or call Pam at 270-9226 for more information on any of these programs.

Cancellation Email List

With it being Winter, there are possibilities of cancellations. If you want to know if there are any cancellations here are Walnut Hills by email, please email your address to mandi@whumc.org. You will be added to the list.

Reminder: The webpage is updated weekly at www.whumc.org. You can download the weekly newsletter or view the available web pages for the most current information.

Groups Gather

- ◆ **Men’s Basketball:** Saturdays, 9:00 a.m. at Walnut Hills.
- ◆ **Co-Ed Volleyball:** Sundays, 4-5:30 p.m. at Walnut Hills. Starting January 15.
- ◆ **Brunch Bunch:** Sunday, January 15, noon at Mama Lacona’s on 2743 86th Street. Hostess with be Jeannie Kuskulis.

Service

Preparers and/or servers are needed for **Meals for the Homeless** (Churches United Shelter) Sunday, February 5 and **CFUM Low Income Meal Program** (located at Trinity) February, January 17. Check the STUB.

KEEP THOSE CAMPBELL SOUP LABELS A'COMIN' IN!

Needed: Small plastic containers to store leftover food for people after the homeless meals. Place containers in box located in the East Gathering Area.

In Our Prayers

✠ Keith Sheriff’s father, Lynn Sheriff, having medical tests and care.

Satellite Services

Sunday afternoons ~ Worship at Silvercrest Assisted Living-2:00 p.m.

1st & 3rd Wednesday mornings ~ Worship at Timberline Care Facility-Deerfield-9:30-10:15.

4th Sunday afternoons ~ Worship at Illahee Hills Retirement Residence- 3:30 p.m.

All worship services are open to the congregation. Pianists/instrumentalists and persons who love to sing are invited to serve on a rotational basis. Check the stub or contact Pam at 270-9226.

Walnut Hills United Methodist Church
12321 Hickman Rd
Des Moines, IA 50323

Walnut Hills Office Hours
Monday-Thursday
8:30 a.m. to 4:30 p.m.
Friday, 8:30 a.m. to Noon

Walnut Hills United Methodist Church
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Des Moines IA 50323
Phone: 515-270-9226; Fax: 515-270-0838
www.whumc.org
ca
Doug Peters & Pam Deeds, Ministers
ca
8:30 & 10:45 a.m. Sunday Service
ca
9:30 a.m. Sunday School

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