



A Message from Doug

If you have not been United Methodist for any length of time, or even if you have, you might not be too familiar with how we are organized. All churches are members in an Annual Conference presided over by a bishop. We are part of the Iowa Annual Conference which meets every year for a few days in June on the campus of Iowa State University in Ames. This year we met June 7-11 in Hilton Coliseum, laity and clergy, with in excess of 1600 voting members. Walnut Hills was represented by Ed Butler, Avon Crawford, Mary Fraser, Eric Guy, Jackie Howard as well as your three appointed clergy, Pam Deeds, Susan Guy and me. Two main areas of discussion were the way the Annual Conference funds its ministries through apportionments assigned to local churches and the way the Annual Conference is staffed for its ministries. Of particular interest is that we voted to move from 12 districts to 8 districts although at this point we don't know exactly how those district lines will be drawn. A highlight was the Ordination Service on Sunday morning. Bishop Deb Kiesey from the Dakotas Annual Conference, formerly a clergy member in Iowa, was welcomed back as the morning preacher. All clergy were required by Bishop Palmer to be robed and part of the processional.

If you would like further information about this year's Annual Conference please let me know.
~Doug

Garden Day on July 15th

Volunteers are invited to help thin our garden areas. Please feel free to take home any designated plants to add to your own garden! We need to thin the herd and bring some order back to our gardens.

Plan on an 8 a.m. start (or whenever you can get here); bring your own shovels or spades; boxes or containers if you want some plants. Questions? Contact Bob Coffman (278-6842) or the church office (270-9226).



Senior High Work Trip - Orientation Meeting

July 12, 6-8:00 p.m., here at the church, chaperones and youth participating in the work trip to Red Bird Mission in Kentucky need to attend this *important* meeting. We will discuss the final arrangements including, travel plans, itinerary, fundraising, how to pack, side trips, and hand out t-shirts. Contact Julie with questions.

Food Pantry Sunday

Food Pantry Sunday is coming up on Sunday, July 16, and our featured food for July is Tuna and Canned Meals (chili, stew, Chef Boyardee, etc.). Be sure to stop by the store and pick up some goods to support the Des Moines Area Religious Council!

Vacation Bible School Helpers Needed

Adventure of the Treasure Seekers, Exploring God's Promises.

Volunteers are needed in these areas.

- ◆ Small group leaders. Call Stacy McDermott at 221-3360 for information in this area.
- ◆ Donate food. Call Jackie Konopik at 267-1248 for more information in this area.

On Sunday fill out the insert in the area you want to help with. The insert will be located in the bulletin.

VBS is Monday, July 31 through Friday, August 4, 5:30—7:45 p.m. You can get the registration form for your children at the church or online at www.whumc.org. Last day to register is Wednesday, July 19.



Women's Bible Study

We are always looking for ways to grow our Adult Ministries program, and are currently exploring the possibility of a weekday morning women's Bible study. If you are interested in participating, please check the stub or contact Susan Guy, sguy@whumc.org.

Sunday School Teachers

Is God calling you to be a Sunday School teacher? Our goal is 4 teachers per classroom. You are invited to join our teams.

Classes available for teachers: 5 year olds/Kindergarten needs 1, 3rd Grade needs 4 and 5th & 6th Grade needs 2. Contact Pam at 270-9226 or pam@whumc.org

Thank you from Habitat for Humanity:

Thank you so much for being part of the amazing Multi-faith Build. Last week was a lot of hard work, but also a lot of fun and great fellowship. Zahra is so thankful, too, for all the support from so many volunteers. We look forward to seeing everyone again in July!
~ Cindy O'Hara, Faith Relations

In the Spotlight ...

New Director of Music Ministries

We are very happy to announce the addition of Dawn Morgan to our staff following the interviews of several extremely qualified individuals. Beginning July 1 she will become our Director of Music Ministries. She is married to Josh, a music teacher in the Johnston school system, and they are the parents of Emily who is 4.

Dawn holds a Bachelor of Music degree from Simpson College. Since 1999 she has served as Assistant Choir Director at First United Methodist Church in Indianola with responsibilities for musical groups for children, youth and adults. She has studied our mission statement and our vision for The Next Big Thing (interfaith, social justice, spirituality) and is eager to help us express our journey musically. This summer she will focus on expanding participation in all our musical programs, meeting our children, youth and adult participants and developing programming for the school year.

Josh currently serves as organist at First United Methodist Church in Indianola. As soon as he concludes his tenure with them we will host a more formal reception for Dawn, Josh and Emily. Please keep them in your prayers as they make this transition to the Walnut Hills ministry.

Reconciling Ministries

The Reconciling Ministries Network is a diverse coalition of individuals and groups advocating for inclusion of people of all sexual orientations and gender identities as full participants in the United Methodist Church, both in policy and practice. Walnut Hills is interested in forming a Reconciling Ministry Team which would meet on a regular basis to study, share ideas, and articulate their answers as to why this work is important. If you are interested in being a part of this team, please check the stub.

New Singles Group

A group of singles who are "+ or - 50" will meet on Friday, July 7th at 6:00 p.m. at the home of Nancy Bohning. Food will be provided. If interested, call Nancy Strickler at 280-7201 for more information.

Stephen Ministry?

"Gifted to Care"

Spiritual gifts are gifts to give away. God gives them to us, and we use them to serve others. How are you using your gifts right now? Consider being a Stephen Minister. Be a part of our congregation's one-on-one care giving ministry. This may be just what you've been looking for! To learn more, check the STUB on Sunday.

This Sunday, July 2, 2006 - 4th Sunday after Pentecost

DOUG PETERS' MESSAGE: "Greatly Beloved"

SCRIPTURE: 2 Samuel 1:1, 17-27

MUSIC: Alyson Skahill, Susan Guy - flutes

Coffee House 9:30 a.m.

Music provided
by Alyson Skahill

Rental Property Needed

Our Hurricane Katrina Adopted family, Doug & Amie Zinnel, are looking for a rental home in the Woodward, Granger, or Perry area. If you have any information on possible rentals, contact Susan Guy at sguy@whumc.org.

Service to Others

Preparers and/or servers are needed for **Meals for the Homeless** (Churches United Shelter) Wednesday, July 5 and **CFUM Low Income Meal Program** (located at Trinity) Tuesday, July 18. Check the STUB.

Heifer International is looking for 50 volunteers to help staff the Heifer International booth at the Iowa State Fair, August 10 – 20. If you are interested, please contact Howard Lord as soon as possible: 641-623-3521 or hworld@netins.net.

The Salvation Army is looking for volunteers to ring bells from July 10th to July 15th. The shifts will run in two hour increments, beginning at 10 a.m. and ending at 8 p.m. For more information or to sign up, contact Major Keith M. Petrie at 515-282-3599 or volunteerdesmoines@usc.salvationarmy.org. You can also log on to www.ringbells.org.

The Urbandale Fire Department is asking for donations to help fund their fire safety program called "FIREPUP," which provides fire safety education to children. The donations fund the materials, which include activity manuals, pamphlets on smoke detectors, badges, stickers, and other items used to teach the fundamentals of fire safety. To view materials, you can go to www.firepupmki.com, and to help fund the program contact the Urbandale Fire Department at 278-3970. All donations are tax deductible.

In Our Prayers

- ✝ Matthew Johnson continued antibiotic treatments.
- ✝ Bill & Ginny Lepley's friend, Ginny Renaud and Lepley's son-in-law's father, Harold Johnson, cancer surgery.

With Our Children

Children's Church is provided for 3 year olds to 1st graders at both Sunday Services.

With Our Adults

The fall retreat for all Women of Walnut Hills has been set. We will be at Wesley Woods October 27-28. Mark your calendars. Sign-up and further information will follow. If you would like more information, call Sandy Lorenzen at 221-2999.

With Sr. Adults

Friday mornings at Silvercrest - 10:30-11:00 a.m. trauma doll stuffing and visiting. Join us for fun, and fellowship with residents at Silvercrest Assisted Living.

Illahee Hills Retirement Residence will be helping with the Trauma Dolls ministry the second Tuesday of each month. Contact Liz Coffman for more information (278-6842).

Trauma Doll Ministry at Silvercrest and Illahee Hills is a partnership with the North West Kiwanis. Call Pam at 270-9226 for information.

With Our Music

MUSIC ON SUNDAYS...

July 2	Alyson Skahill & Susan Guy
July 9	Tim Peters
July 16	Kierra Baker

Save the Date:

John Dominic Crossan will be presenting "The Past of the Historical Jesus and the Future of American Christianity" at First United Methodist Church in Waterloo on October 6-8. For more information contact Waterloo First United Methodist Church, 319-235-7088 or wfumcpam@msn.com.

Homelessness Myths & Facts:

Myth: All homeless people live in central cities (such as Des Moines).

Fact: While 71% of homeless clients reside in central cities, more than 20% are living in the suburbs and urban fringe areas, and 9% are living in rural areas.

Myth: Homeless people don't work.

Fact: More than 40% of people experiencing homelessness earn money through work. Many are employed by temporary or day labor agencies, and industry characterized by low pay, no job security, no health insurance, and inadequate worker protections.

Groups Gather

- ◆ **Cyclepaths:** Sunday, July 2 1:30 p.m., Lanesboro overnight. Leave from Walnut Hills. For more information, call Bob Myers 988-9909 or visit the webpage at www.whumc.org/cyclepaths.htm.
- ◆ **Hilltopper's:** Saturday, July 22, 7 p.m. Ice Cream Social at Chuck & Maxine McCauley's home. Bring something to go with ice cream, cookies, bars, etc. Ice cream, toppings, and drinks will be provided. Please RSVP to Nancy Strickler by July 15 (280-7201).

Satellite Services

Sunday afternoons

~ Worship at Silvercrest Assisted Living - 2:00 p.m.

Wednesday mornings

~Worship at Timberline Care Facility Deerfield-9:30-10:15 a.m.

4th Sunday afternoons

~Worship at Illahee Hills Retirement Residence- 3:30 p.m

Walnut Hills United Methodist Church
12321 Hickman Rd
Des Moines, IA 50323

Non-Profit
Organization
U.S. Postage
PAID
Des Moines IA
Permit No. 3566

Walnut Hills Office Hours
Monday-Thursday
8:30 a.m. to 4:30 p.m.
Friday, 8:30 a.m. to Noon

Walnut Hills United Methodist Church
12321 Hickman Rd
Des Moines IA 50323
Phone: 515-270-9226; Fax: 515-270-0838
www.whumc.org
ca
Doug Peters, Pam Deeds & Susan Guy,
Ministers
ca
8:30 & 10:45 a.m. Sunday Services
ca
9:30 -10:30 a.m. Coffee House