



A Message from Doug

I think I may have made some serious errors over the past years as far as my kids are concerned. My son Matt went to Northwestern University in Evanston, IL, for his undergraduate years. Being the conscientious dad I remember renting some sort of a small truck to take all the stuff he thought he needed. I also saw it as one of those bonding opportunities between parent and child. What has happened is that my three kids have latched onto that bonding/stuff-moving pattern. I later towed a trailer when Matt did some graduate work at McGill U. in Montreal. Tim needed a bonding/moving service when he studied at Cleveland Institute of Music and again when he did his graduate work at Rice U. in Houston. Anne gave me the privilege of hauling another trailer down to the U. of Florida and now that she has finished her work and is about to begin a teaching job you'd think this would all be over. But it appears she has still more stuff to move from Iowa to Florida so I'm sorry I'll not see you on the 30th. Can you include me in the morning prayers?

A far more leisurely trip will be the first ever Walnut Hills Alaska Cruise slated for June 13-20, 2007. While this may not be for everyone, our own Ron Roberts is putting together a very competitive package for those in our church who would like to experience this adventure with some of your other Walnut Hills friends. More information will be forth coming, but for now reserve the dates. I asked Ron if there is a cruise ship that could help me with my daughter's move from Iowa to Florida but he said I'm on my own. ~ Doug

Vacation Bible School

Adventure of the Treasure Seekers, Exploring God's Promises is this Monday, July 31 through Friday, August 4th, 5:30 - 7:45 p.m. Needed: shovels and spades for decorations. Label them with your name and bring them to Pam's office. Bring them this Sunday, July 30th or sooner. We will be decorating Sunday afternoon.

Third Grade Bibles

Letters of invitation have will be sent August 1st to parents of third graders to receive a gift Bible from Walnut Hills on Sunday, September 24th. If you did not receive a letter and you would like your third grade child to receive a Bible, please check the stub or call the church office by September 3rd with your child's full name and which service you will be attending; 8:30 or 10:45. If you have any questions, please call or email Pam: 270-9226, pam@whumc.org.

Help Provide a Bible for Our Third Graders

If you would like to donate toward the Bible gifts for our third graders, please write your check for \$18.50 to Walnut Hills, and write, "Third grade Bible" on the memo line.

Children's Fall Programming

Watch for more information in upcoming newsletters!

CAP - Creative Arts Program - Kindergarten-6th graders

Kindergarten-2nd grade, 3rd - 4th grade and 5th & 6th grade - 56 Club

Sunday Morning Classes - 9:30-10:30 am. beginning September 17

3 yr/4 yr, 5 yr/Kindergarten, 1st, 2nd, 3rd, 4th and 5th/6th grades

Food Pantry Sunday

Food Pantry Sunday is coming up on Sunday, August 20, and our featured food for August is pasta and rice. Be sure to stop by and pick some up to support the Des Moines Area Religious Council!

Possible Group on Spiritual Formation

Are you interested in a long-term small group on spiritual formation? We are exploring a Wednesday evening group from 6-8 p.m. for 26 weeks. If you are interested in participating, check the STUB.

Save the Date:

John Dominic Crossan will be presenting "The Past of the Historical Jesus and the Future of American Christianity" at First United Methodist Church in Waterloo on October 6-8. For more information contact Waterloo First United Methodist Church, wfumcpam@msn.com or 19-235-7088.

In the Spotlight ...

Walnut Hills to Host Guests from IHN

Walnut Hills will host homeless families from the Interfaith Hospitality Network during the week of August 20 through August 27th. IHN is a not for profit organization designed to help homeless families with children. As many as 14 individuals will make our church building their temporary home during the week while the families continue to look for employment and/or housing. Our Walnut Hills family will provide three meals a day, transportation and a welcoming environment. Many volunteer opportunities are available during the week to provide assistance, hospitality and food for our guests. Opportunities include: evening hosts, overnight hosts, van drivers, food preparers, set up and take down. Please take note of these opportunities and more in this Sunday's bulletin insert. Questions may be directed to Sheryl Start at 999-2121.

Sunday School Teacher

Is God calling you to be a Sunday School teacher? Classes available for teachers:

- 3rd Grade needs 4.
- 5th & 6th Grade needs 2.

Contact Pam at 270-9226, pam@whumc.org or check the STUB on Sunday.

Mission Work Trip

John and Sheri Susich leave August 1 for a two week mission work trip to the Dominican Republic. They will be helping to build a clinic in a rural village. It will be their third work trip to the Dominican Republic as part of Walnut Hills' outreach ministry.

Never Again

The Annual Observance of the Atomic Bombing of Hiroshima and Nagasaki will take place on Sunday, August 6th at 7:30 p.m. at the Japanese Bell on the capitol grounds. The theme will be "Never Again: Twice Was Too Many." Please bring lawn chairs for your comfort, and flowers from your garden for laying at the Japanese Bell. This event is sponsored by the Des Moines Area Religious Council, as well as the Methodist Federation for Social Action, as well as several other community organizations.

This Sunday, July 30, 2006 - 8th Sunday after Pentecost
PAM DEEDS' MESSAGE: "Spiritual Construction Ahead"

SCRIPTURE: Ephesians 3:14-21

MUSIC: Bob Start and Jean Baker

Coffee House 9:30 a.m.
Music by the Holmes Family

Myths about Immigrants:

Myth: Immigrants don't pay taxes.

Fact: Immigrants pay taxes, in the form of income tax, property tax, sales, tax, and other taxes at the federal and state level. Even undocumented immigrants pay income taxes, as evidenced by the Social Security Administration's "suspense file" (taxes that cannot be matched to workers' names and Social Security numbers), which grew by \$20 billion between 1990 and 1998.

Myth: Immigrants come here to take welfare.

Fact: The ratio between immigrant use of public benefits and the amount of taxes they pay is consistently favorable to the U.S. In one estimate, immigrant tax payments total \$20 to \$30 billion more than the amount of government services they use.

Service to Others

Preparers and/or servers are needed for **Meals for the Homeless** (Churches United Shelter) Saturday, August 5 and **CFUM Low Income Meal Program** (located at Trinity) Tuesday, August 15. Check the STUB.

The 12th Annual Des Moines Area Religious Council Interfaith Brunch will be held on Sunday, August 27th at Tifereth Israel Synagogue, 924 Polk Boulevard, Des Moines. Kosher breakfast/brunch will be served from 8:00 a.m. until 1:00 p.m. The cost is a \$6 minimum donation, and children 6 and under are free. This is a fundraising event for the Des Moines Area Religious Council, and benefit interfaith efforts. For information contact DMARC at 277-6969.

In Our Prayers

- ✠ Grace Marie Doty baptized July 23. Parents are Jason & Darcy Doty.
- ✠ Carol Flater and her family in the death of her grandmother.

Satellite Services

Sunday afternoons

~ Worship at Silvercrest Assisted Living - 2:00 p.m.

Wednesday mornings

~Worship at Timberline Care Facility Deerfield-9:30-10:15 a.m.

4th Sunday afternoons

~Worship at Illahee Hills Retirement Residence- 3:30 p.m.

With Our Preschool

Walnut Hills Preschool Registration for 2007-2008: This note is for all who are members of Walnut Hills United Methodist Church. If you have a child who will be 3 or 4 years old as of September 15, 2007, you may register them for preschool now. (If your child is currently enrolled as a Caterpillar, this does not apply to you.) Since we are a ministry of this church, the members have priority in enrolling their children from May 15-September 29. After that date, registration is open to the public. Call Sue at 270-9126 to sign your child up for many wonderful preschool experiences discovering the wonderful world God has given us!

With Our Sr. Adults

Friday mornings at Silvercrest - 10:30-11:00 a.m. trauma doll stuffing and visiting. Join us for fun, and fellowship with residents at Silvercrest Assisted Living.

Illahaee Hills Retirement Residence will be helping with the Trauma Dolls ministry the second Tuesday of each month. Contact Liz Coffman for more information (278-6842).

Trauma Doll Ministry at Silvercrest and Illahaee Hills is a partnership with the North West Kiwanis. Call Pam at 270-9226 for information.

With Our Music

MUSIC ON SUNDAYS...

July 30 Bob Start & Jean Baker
August 6 Tom Caudron

With Our Adults

Fair Trade Coffee will be on sale July 30 at Walnut Hills.

The fall retreat for all Women of Walnut Hills has been set. We will be at Wesley Woods October 27-28. Mark your calendars. Sign-up and further information will follow. If you would like more information, call Sandy Lorenzen at 221-2999.

Save the Date for WHIFF 15 (Walnut Hills Invitational Fearless Foursome) on Sunday, August 27, 2:30 p.m. at Woodland Hills Golf Course. Shot gun start. More information to come. If you have any questions please call Brian McLean at 224-9569.

Groups Gather

♦ **Cyclepaths:** On break Sunday, July 30. They are coming back from RAGBRAI.

Reminder: The webpage is updated weekly at www.whumc.org. You can download the weekly newsletter or view the available web pages for more information.

Walnut Hills United Methodist Church

12321 Hickman Rd
Des Moines, IA 50323

Walnut Hills Office Hours

Monday-Thursday
8:30 a.m. to 4:30 p.m.
Friday, 8:30 a.m. to Noon

Walnut Hills United Methodist Church
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www.whumc.org
ca
Doug Peters, Pam Deeds & Susan Guy,
Ministers
ca
8:30 & 10:45 a.m. Sunday Services
ca
9:30 -10:30 a.m. Coffee House

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