

SERVICE

Walnut Hills Volunteer:

You can volunteer by serving on a ministry team, assisting with Sunday School, Children's Church or our Creative Arts Program for children, or assisting our office staff. Contact Terri Paulson, terri@whumc.org or 270-9226.

Career Transition Ministry:

One-on-one meetings available upon request with a variety of individuals who have expertise. Contact Connie McKeen, connie@whumc.org or 253-9017.

Principe de Paz Partnership:

Walnut Hills has a sister congregation in San Antonio, Texas, that we support financially. A group of youth from Walnut Hills travels to San Antonio over Spring Break, and we host a group from Principe de Paz every Fall. For information contact Susan Guy, sguy@whumc.org.



Information

If you have ideas for education or service opportunities that you would like to suggest, or for more information on **Walnut Hills Adult Ministry**, visit www.whumc.org, or contact Susan Guy at 270-9226 or sguy@whumc.org.

March 2007

Walnut Hills United Methodist Church
12321 Hickman Road
Urbandale, IA 50323

Phone: 515-270-9226
Fax: 515-270-0838
www.whumc.org

EDUCATION, SERVICE AND SOCIAL JUSTICE



ADULT MINISTRY

WALNUT HILLS
UNITED METHODIST
CHURCH

EDUCATION

Sunday Morning Studies 9:30 a.m.:

Faith and Life:

Exploring Your Spirituality in Every Day Life

– Room 101

This group shares an open discussion of spiritual explorations and journeys, and what the journey means in daily life. Participants can attend on a regular or drop-in basis. Facilitated by Christy Brown (278-2897) and Betty & Darrell Van Woert (222-9560).

Contemporary Issues

– Room 102

This is an opportunity to share ideas and opinions about issues in the world, and listen to the opinions of others, without trying to reach a conclusion. Issues may be local, national or international in scope, and have included such things as the relocation of the homeless in Des Moines, physician assisted suicide, and the pressure on the federal government to relax the limits on sodium in “healthy” food. Facilitated by Ron Roberts (965-3859).

Children and Conflict

- March 25 Room 103

Join us for a viewing of an excerpt from the film *Promises* about Israeli and Palestinian children, along with a discussion on the consequences of conflict on children.

Ancient Judaism,

- April 1 Room 103

Judaism is the most important feature of the context of Jesus and the New Testament because Jesus himself was a Jew who practiced the Jewish religion. This is a DVD lecture presented by Professor Bart Ehrman of the University of North Carolina at Chapel Hill. Facilitated by Charlie Adams

Look for new studies coming soon!

EDUCATION

Weekday/Evening Studies:

Justice Ministry – Koth Library

The group meets on the third Wednesday at 9:00 a.m. to discuss justice issues and justice programming for Walnut Hills. Facilitated by Tom Caudron (987-1525) and Susan Guy (270-9226).

Meditation and Buddhism - May 2, 9, 16 & 23, 6-8 p.m. This class will study the history of meditation as well as the major teachings of Buddhism. Cost of the class is \$20. Taught by Charlie Day. Contact Susan Guy (270-9226)

AMOS Ministry – This group meets on a regular basis to discuss issues related to AMOS (A Metropolitan Organizing Strategy). This social justice ministry has been involved with issues in the Des Moines area ranging from health care to drainage in low income areas to a youth skateboard park. Facilitated by Tom Caudron (987-1525) and Susan Guy (270-9226).

Walnut Way Journey Groups – These groups meet at a variety of times to discuss the six compass points: Worship in Community, Acts of Service, Learning, Non-Judgmental Lifestyle, Unfolding Spirit, Tithing. For information contact Martha Schut (457-7207).

SERVICE

Children and Family Urban Ministry Meal Program:

Third Tuesday of each month volunteers prepare and serve meals at Trinity United Methodist Church for low income families. For information contact Susan Guy, sguy@whumc.org or 270-9226.

Churches United Meal Program:

On the 5th of each month volunteers prepare and serve meals at Churches United Shelter downtown. For information contact Devon Murphy Petersen at dvonlx@hotmail.com or 987-1273.

SERVICE

Food Pantry Sunday:

The 3rd Sunday of each month is Food Pantry Sunday. Bring your non-perishable food items to the church to be taken to the Des Moines Area Religious Council's Food Pantry Warehouse. For a list of most needed food items, go to www.dmreligious.org. Contact Susan Guy, sguy@whumc.org or 270-9226.

Interfaith Hospitality Network:

Volunteers are needed to assist during Walnut Hills' host weeks, usually 4 weeks throughout the year. Needs include meal preparers, hosts (including overnight hosts), van drivers, setup and teardown, laundering linens at the end of the week, and other needs. 2006 dates are February 5-12, May 14-21, and August 20-27. To volunteer or more information, contact Sheryl Start at 999-2121, or startshestar@msn.com.

Knitting Ministry:

This group meets the 1st & 3rd Sundays at 3:00 p.m. in the Koth Library to knit Prayer Shawls for individuals in the congregation and community. For information contact Susan Guy, sguy@whumc.org or 270-9226.

Pre-school Volunteers:

Volunteers are needed to assist the Walnut Hills preschool teachers in a variety of ways. Contact Sue Petersen, sue@whumc.org or 270-9226.

Trauma Dolls:

This ministry is a partnership between Walnut Hills, Silvercrest, and the Northwest Des Moines Kiwanis Club. The group meets every Friday morning from 10:30-11:00 a.m. at Silvercrest to stuff trauma dolls which are then delivered to area hospitals and agencies for children who are preparing for surgery or in some way affected by a trauma in their family. For more information contact Pam Deeds, 270-9226,

A PLACE TO CALL HOME WHERE WE ARE WELCOMED AND SENT FORTH TO SERVE.