



Mature Adult Ministry

www.whumc.org/pam/matureadults.html

OUR MISSION

The Walnut Hills Mature Adult Ministry Team's aim is to help mature adults achieve spiritual, emotional, social and personal growth through an intentional ministry by, with, and for mature adults.

S.E.N.I.O.R.S. MINISTRY PROGRAM

The Mature Adult Ministry Team plans a variety of opportunities which are social, educational, and service oriented, which include:

SPIRITUALITY

Bible study groups, prayer groups, small group studies, Christian education classes, retreats, special worship services.

ENRICHMENT

Learning opportunities and classroom seminars on topics of interest. For example: health care, finances, advance directives, elder law, computers and internet, and life review, etc.

NUTRITION and FITNESS

A Congregational Health Ministries Team (to be established) will provide opportunities for exercise and classes on healthy cooking and nutrition.

INTERGENERATIONAL

The Mature Adult Ministries Team will invite all ages to participate in programs, events, worship, and learning opportunities.

OUTREACH

You will have opportunities for mission and evangelism outreach such as the Volunteers in Mission program or short and long-term mission experiences.

RECREATION

The Mature Adult Ministries Team will provide game days, book clubs, fellowship meals, travel events, and field trips.

SERVICE

The Mature Adult Ministries Team will provide transportation, respite care, Stephen Ministers, and support groups.